



Kessler Foundation Presents *The 21st Annual Wheelchair 10K*

About the Kessler Foundation Wheelchair 10K

At 8:15 a.m. on Monday, May 29, 2023, wheelchair racers from around the world will kick-off the series of seven events that comprise the Fred d'Elia Memorial Day Ridgewood Run. With the support of the North Jersey Masters Running Club, the Kessler Foundation Wheelchair 10K has grown to one of the largest disability inclusive 10K's in the country. Other sponsors include EZRide Transportation Services and our host hotel, the Fairfield Inn by Marriott in Paramus, NJ.

Travel Assistance

Shuttle transportation will be available between Newark Liberty International Airport, our host hotel and the race venue. A limited number of travel stipends and complimentary hotel rooms for athletes who live out of the area will be available on a first-come, first serve basis.

About Kessler Foundation

Kessler Foundation, a major nonprofit organization in the field of disability, is a global leader in rehabilitation research. Our scientists seek to improve cognition, mobility, and long-term outcomes, including employment, for adults and children with neurological and developmental disabilities of the brain and spinal cord including traumatic brain injury, spinal cord injury, stroke, MS, and autism. We help people regain independence to lead full and productive lives.

Kessler Foundation
120 Eagle Rock Ave.
Suite 100
East Hanover, NJ 07936
www.kesslerfoundation.org

Race Information and Travel
Assistance Contact:
Angela Smith (973) 324-8448
asmith@kesslerfoundation.org

Foundation Contact:
Elaine Katz
(973) 324-8367
ekatz@kesslerfoundation.org