



VOLVO CARS  
RAMSEY

### 5K / 10K / 1 Mile Registration Form (one per registering person)

**(NO STROLLERS, NO DOGS or PETS)**

*Please - Print Legibly in Caps*

First Name:		Last Name:	
Street Address:			
City:		State:	Zip:
Phone:		Email:	
Race Day Age:	DOB: (mm / dd / yyyy) / /	Male <i>Circle one</i> Female	
USATF-NJ#			
<b>Event</b>	<b>Price</b>	<b>Amount Due</b>	
5K	\$38 - \$3 discount for USATF - postmarked 4/29/23; \$43 - \$3 discount for USATF - postmarked 5/22/23	\$	
10K	\$38 - \$3 discount for USATF - postmarked 4/29/23; \$43 - \$3 discount for USATF - postmarked 5/22/23	\$	
Open Mile	Qualifying time required Male 4:40; Female 5:30	\$25	\$
Masters Mile	Qualifying time required Male 5:30; Female 6:30	\$25	\$
Any two events ( <i>please circle</i> <b>5K 10K Mile</b> )		\$66 until 4/29	\$
<a href="#">(Optional Special Olympics of New Jersey Donation \$3.00)</a>		\$76 until 5/22	\$
Discount \$3 per 5K/10K entry for 3 family members (same household)			\$ ( )
Discount Maximum immediate family (same household) entry fee		\$110	\$
		<b>TOTAL</b>	<b>\$</b>
<b>All registrations are non-transferable/non refundable even in the case of event cancellation.</b>			
<p>In consideration of accepting this entry, I, the participant, or legal guardian for persons under the age of 18 or incapacitated adults, certify that I have read and agree to abide by all the rules and procedures of the race, as well as any amendments to such rules and procedures that are in effect on the day of the race, and, intending to be legally bound, do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Event Director, North Jersey Masters Track &amp; Field Club (referred to as "NJM"), the NJM board, Officers and Members, USA Track &amp; Field New Jersey, team incorporated d/b/a Barwick Group, RunSignUp.com, Village of Ridgewood, Ridgewood Police Department, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during, or after the event. I recognize, intend, and understand that this release is binding on my heirs, executors, administrators, or assignees. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those, and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition. In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic, and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment, and hospitalization. As it applies to my participation in this race, I agree to abide by the Center for Disease Control (CDC's) recommendations for the prevention of the spread of COVID-19 and attest to having read the CDC's guidance. I also agree to abide by any COVID-19 distancing and other safety guidelines issued by the state, the community, or by this race for my participation in this event. By submitting this entry, I acknowledge (or a parent or legal guardian for all children under 18 years or incapacitated adults), having read and agreed to the above release and waiver. Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, video-graphic, or electronic recording of this event for legitimate purposes. I also understand that the collection and use of my data may be used by the owner, affiliates, and co-sponsors for the offering of products and services to me. I acknowledge and agree that during the course of this collection, personal data may be transferred. I understand that I may contact the owner for further information regarding privacy policies. I am aware that my entry fees are non-refundable and my participation in the race is non-transferable, including all elements of registration: such as bibs, materials, et cetera. The race director reserves the right to change the format of the race at any time without option for refund, this includes but is not limited to event cancellation, date change, or changing completely to a virtual platform.</p>			
SIGNATURE		DATE	

#### Checks Payable to: North Jersey Masters

Mail Application and payment to: Ridgewood Run c/o Barwick Group  
330 Ratzer Rd. Ste A-4, Wayne, NJ 07470

\*Registration for the Ridgewood Run is non-refundable and non-transferable. The Ridgewood Run reserves the right to change the format of the race at any time including but not limited to changing to a virtual platform, requiring proof of vaccination or negative Covid test, or cancellation.